

OPEL MANTA B MANTA 1.9E (1975-1977)**ENGINE 19E**

Capacity: 3,8 liter, Filter capacity: 0,3 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Classic Racing Oil 15W-50	Classic Multigrade 20W-50	Classic Multigrade 15W-40

Change every 10000 km/ 6 months

USE		CLIMATE
Initial service		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Classic Racing Oil 15W-50	Classic Multigrade 20W-50	Classic Multigrade 15W-40

*Change every 1000 km***AXLE REAR**

Capacity: 1 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
Classic Gear MP 90		

Check every 10000 km/ 6 months

USE		CLIMATE
Normal		Arctic
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Gearlube RPC 75W-80	SP Gear 5015	

*Check every 10000 km/ 6 months***TRANSMISSION AUTOMATIC GM 3-OVH 3/1**

Capacity: 2,5 liter (Service fill)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
ATF Dexron II-D		

Check every 10000 km/ 6 months, change every 40000 km/ 24 months

OPEL MANTA B MANTA 1.9E (1975-1977)**TRANSMISSION MANUAL 4/1**

Capacity: 1,1 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
Classic Gear EP 80		

Check every 10000 km/ 6 months

HYDRAULIC BRAKE SYSTEM

Capacity: 0,4 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
Drauliquid DOT 3		

WHEEL BEARINGS FRONT

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Labora Grease	Q5 MP Calcep Grease EP 2	MP Lithep Grease EP 2

COOLING SYSTEM

Capacity: 6,8 liter, Capacity: 6,7 liter (with automatic transmission)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Coolant -38 Organic NF	Coolant -26	

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