

**OPEL MANTA B MANTA 1.9S (1975-1977)****ENGINE 19S**

Capacity: 3,8 liter, Filter capacity: 0,3 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
<b>Classic Racing Oil 15W-50</b>	<b>Classic Multigrade 20W-50</b>	<b>Classic Multigrade 15W-40</b>

*Change every 10000 km/ 6 months*

USE		CLIMATE
Initial service		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
<b>Classic Racing Oil 15W-50</b>	<b>Classic Multigrade 20W-50</b>	<b>Classic Multigrade 15W-40</b>

*Change every 1000 km***AXLE REAR**

Capacity: 1 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
<b>Classic Gear MP 90</b>		

*Check every 10000 km/ 6 months*

USE		CLIMATE
Normal		Arctic
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
<b>Gearlube RPC 75W-80</b>	<b>SP Gear 5015</b>	

*Check every 10000 km/ 6 months***TRANSMISSION AUTOMATIC GM 3-OVH 3/1**

Capacity: 2,5 liter (Service fill)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
<b>ATF Dexron II-D</b>		

*Check every 10000 km/ 6 months, change every 40000 km/ 24 months*

**OPEL MANTA B MANTA 1.9S (1975-1977)****TRANSMISSION MANUAL 4/1**

Capacity: 1,1 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
<b>Classic Gear EP 80</b>		

Check every 10000 km/ 6 months

**HYDRAULIC BRAKE SYSTEM**

Capacity: 0,4 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
<b>Drauliquid DOT 3</b>		

**WHEEL BEARINGS FRONT**

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
<b>Labora Grease</b>	<b>Q5 MP Calcep Grease EP 2</b>	<b>MP Lithep Grease EP 2</b>

**COOLING SYSTEM**

Capacity: 6,1 liter, Capacity: 7 liter (with automatic transmission)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
<b>Coolant -38 Organic NF</b>	<b>Coolant -26</b>	

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