

# PONTIAC FIREBIRD FIREBIRD SD-455 (1973-1974)

**ENGINE SD-455**

Capacity: 5,7 liter, Filter capacity: 0,9 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
<b>Classic Multigrade 15W-40</b>	<b>Classic Multigrade 10W-30</b>	<b>Classic Monograde 30</b>

*Check every 4 months, change every 6000 miles*

USE		CLIMATE
Severe		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
<b>Classic Multigrade 15W-40</b>	<b>Classic Multigrade 10W-30</b>	<b>Classic Monograde 30</b>

*Change every 3000 miles/ 2 months***DIFFERENTIAL REAR**

Capacity: 2 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
<b>Classic Gear MP 90</b>	<b>Gearlube RPC 75W-80</b>	<b>SP Gear 5015</b>

*Check every 6000 miles/ 4 months***DIFFERENTIAL REAR Safe-T-Track**

Capacity: 2 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
<b>Classic Gear LS 90</b>		

*Check every 6000 miles/ 4 months*

# PONTIAC FIREBIRD FIREBIRD SD-455 (1973-1974)



## TRANSMISSION AUTOMATIC Turbo-Hydramatic M40

Capacity: 9 liter, Capacity: 3,5 liter (Change capacity)

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1		
<b>ATF Dexron II-D</b>		

*Change every 24000 miles*

USE	CLIMATE
Severe	Moderate

PRODUCT RECOMMENDATION 1		
<b>ATF Dexron II-D</b>		

*Change every 12000 miles*

## TRANSMISSION MANUAL 3/1

Capacity: 1,3 liter (Heavy Duty), Capacity: 1,65 liter (Standard)

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
<b>Classic Gear MP 90</b>	<b>Gearlube RPC 75W-80</b>	<b>SP Gear 5015</b>

*Check every 6000 miles/ 4 months*

## TRANSMISSION MANUAL 4/1

Capacity: 1,2 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
<b>Classic Gear MP 90</b>	<b>Gearlube RPC 75W-80</b>	<b>SP Gear 5015</b>

*Check every 6000 miles/ 4 months*

## HYDRAULIC BRAKE SYSTEM

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1		
<b>Drauliquid DOT 3</b>		

*Check every 6000 miles/ 4 months*

# PONTIAC FIREBIRD FIREBIRD SD-455 (1973-1974)



## POWER STEERING

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
<b>ATF Dexron II-D</b>		

Check every 6000 miles/ 4 months

## COOLING SYSTEM

Capacity: 17 liter, Capacity: 18 liter (+ airconditioning)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
<b>Coolant -38 Organic NF</b>	<b>Coolant -26</b>	

Change every 24 months

## MANUAL STEERING GEAR

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
<b>Classic ATF A</b>		

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