

CHEVROLET (USA / CAN) EXPRESS / VAN

GMT600 EXPRESS 7.4 V8 (1997-2000)



ENGINE Vortec
Capacity: 5,6 liter

USE
Normal

CLIMATE
Moderate

PRODUCT RECOMMENDATION 1

Asyntho 5W-30

PRODUCT RECOMMENDATION 2

Emperol 10W-40

PRODUCT RECOMMENDATION 3

Synfleet SHPD 10W-40

Change every 7500 miles

USE
Severe

CLIMATE
Moderate

PRODUCT RECOMMENDATION 1

Asyntho 5W-30

PRODUCT RECOMMENDATION 2

Emperol 10W-40

PRODUCT RECOMMENDATION 3

Synfleet SHPD 10W-40

Change every 3000 miles

DIFFERENTIAL REAR
Capacity: 2,5-3 liter

USE
Normal

CLIMATE
Moderate

PRODUCT RECOMMENDATION 1

Gearlube GL-5 80W-90

PRODUCT RECOMMENDATION 2

Unigear HS GL-3/GL-5 80W-90

Check every 7500 miles

USE
Severe

CLIMATE
Moderate

PRODUCT RECOMMENDATION 1

Gearlube GL-5 80W-90

PRODUCT RECOMMENDATION 2

Unigear HS GL-3/GL-5 80W-90

Check every 3000 miles

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DIFFERENTIAL REAR WITH DIFFERENTIAL LOCK

Capacity: 2,5-3 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Gearlube LS 80W-90*Check every 7500 miles*

USE	CLIMATE
Severe	Moderate

PRODUCT RECOMMENDATION 1

Gearlube LS 80W-90*Check every 3000 miles*

USE	CLIMATE
First change only	Moderate

PRODUCT RECOMMENDATION 1

Gearlube LS 80W-90*Change every 7500 miles*

USE	CLIMATE
First change only, severe	Moderate

PRODUCT RECOMMENDATION 1

Gearlube LS 80W-90*Change every 3000 miles*

TRANSMISSION AUTOMATIC 4L60-E 4/1

Capacity: 10,6 liter (Overhaul capacity), Capacity: 4,7 liter (Service fill)

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

SP Matic 2032

PRODUCT RECOMMENDATION 2

ATF Almirol*Check every 6 months, change every 100000 miles*

USE	CLIMATE
Severe	Moderate

PRODUCT RECOMMENDATION 1

SP Matic 2032

PRODUCT RECOMMENDATION 2

ATF Almirol*Check every 6 months, change every 50000 miles*

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**TRANSMISSION AUTOMATIC 4L80-E 4/1**

Capacity: 12,8 liter (Overhaul capacity), Capacity: 7,3 liter (Service fill)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
SP Matic 2032	ATF Almirol	

Check every 6 months, change every 100000 miles

USE		CLIMATE
Severe		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
SP Matic 2032	ATF Almirol	

*Check every 6 months, change every 50000 miles***HYDRAULIC BRAKE SYSTEM**

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
Drauliquid DOT 3		

*Change every 24 months***POWER STEERING**

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
ATF Almirol		

*Check every 7500 miles***WHEEL BEARINGS FRONT**

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
HT Q9 High Grade Grease		

Change every 30000 miles

USE		CLIMATE
Severe		Moderate
PRODUCT RECOMMENDATION 1		
HT Q9 High Grade Grease		

Change every 22500 miles

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COOLING SYSTEM

Capacity: 21,8 liter, Capacity: 24,6 liter (+ rear heater)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Coolant SP 15	Coolant SP 15+	

Check every 6 months, change every 150000 miles/ 60 months

The data mentioned in this product information sheet is meant to enable the reader to orientate himself about the properties and possible applications of our products. Although this overview is composed with all possible care on the stated date, the compiler does not accept any liability for damages caused by incompleteness and/or inaccuracies in this information, especially when these are caused by obvious typing errors. The terms of delivery of the supplier apply to all product supplies. The reader is advised, especially for critical applications, to make the final product choice in consultation with the supplier. Due to continual product research and development, the information contained herein is subject to changes without notification.