

BMW F SERIES F 650 ST STRADA (1993-2000)



ENGINE/TRANSMISSION

Capacity: 2,1 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Expulsa RR 15W-50	Expulsa RR 5W-40	Expulsa RR 10W-40

Check every 3000 km, change every 10000 km/ 12 months

USE		CLIMATE
Severe		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Expulsa RR 15W-50	Expulsa RR 5W-40	Expulsa RR 10W-40

Change every 5000 km/ 3 months

HYDRAULIC BRAKE SYSTEM

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Drauliquid-LV Super DOT 4	Drauliquid-S DOT 4	

Change every 12 months

GREASE POINTS/NIPPLES WHEEL BEARINGS

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Labora Grease	Q5 MP Calcep Grease EP 2	MP Lithep Grease EP 2

Check every 10000 km

COOLING SYSTEM

Capacity: 1,2 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Coolant -38 Organic NF	Coolant -26	

Change every 24 months

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**FRONT FORK**

Capacity: 0,6 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Fork Oil RR 10*Change every 20000 km*

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