

BMW K SERIES K 100 (1983-1993)**ENGINE**

Capacity: 3,5 liter, Filter capacity: 0,25 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Expulsa RR 15W-50	Expulsa RR 10W-40	HDX 15W-40

Change every 7500 km/ 6 months

USE		CLIMATE
Normal		Cold
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Expulsa RR 5W-50	Expulsa 10W-40	HDX 10W-40

*Change every 7500 km/ 6 months***SHAFT DRIVE**

Capacity: 0,27 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Gearlube GL-5 80W-90	Unigear HS GL-3/GL-5 80W-90	

Change every 15000 km/ 12 months

USE		CLIMATE
Normal		Cold
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
SP Gear 5015	SP Gear 1071	

*Change every 15000 km/ 12 months***TRANSMISSION 5/1**

Capacity: 0,8 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Gearlube GL-5 80W-90	Unigear HS GL-3/GL-5 80W-90	

Change every 15000 km/ 12 months

USE		CLIMATE
Normal		Cold
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
SP Gear 5015	SP Gear 1071	

Change every 15000 km/ 12 months

BMW K SERIES K 100 (1983-1993)**HYDRAULIC BRAKE SYSTEM**

Capacity: 0,3 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Drauliquid-LV Super DOT 4	Drauliquid-S DOT 4	

*Check every 15000 km, change every 12 months***COOLING SYSTEM**

Capacity: 3,2 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Coolant -38 Organic NF	Coolant -26	

*Change every 24 months***FRONT FORK**

Capacity: 0,33 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
Fork Oil RR 10		

Change every 15000 km/ 12 months

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