

**HONDA VF VF 1000 R (1980-1988)****ENGINE/TRANSMISSION**

Capacity: 3 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
<b>Expulsa RR 5W-50</b>	<b>Expulsa RR 10W-40</b>	<b>Expulsa 10W-40</b>

*Change every 12000 km/ 12 months***HYDRAULIC BRAKE SYSTEM**

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
<b>Drauliquid DOT 3</b>		

*Change every 18000 km/ 24 months***COOLING SYSTEM**

Capacity: 3,3 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
<b>Coolant -38 Organic NF</b>	<b>Coolant -26</b>	

*Check every 6000 km/ 6 months, change every 18000 km/ 24 months***FRONT FORK**

Capacity: 0,46 liter (Left), Capacity: 0,44 liter (Right)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
<b>ATF Dexron II-D</b>		

*Change every 24 months*

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