

# OPEL ADAM M13 ADAM 1.0 TURBO (85 KW) (2014-2018)



**ENGINE B10XFT (LE1)**  
Capacity: 4 liter (Service fill)

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
<b>Presteza MSP 0W-20</b>	<b>Duranza MSP ECO 0W-20</b>	<b>Avanza MSP 0W-20</b>

*Change every 30000 km/ 12 months*

**TRANSAXLE MANUAL M22 (M1x) 6/1**  
Capacity: 1,5 liter (Dry fill), Capacity: 1,3 liter (Refill)

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1		
<b>SP Gear 1081</b>		

*Check every 12 months/ 30000 km*

## HYDRAULIC BRAKE SYSTEM

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1		
<b>Drauliquid-LV Super DOT 4</b>		

*Change every 24 months*

## COOLING SYSTEM

Capacity: 4,6 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
<b>Coolant SP 15</b>	<b>Coolant SP 15+</b>	

*Check every 12 months/ 30000 km*

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