

OPEL FRONTERA A U92 FRONTERA 2.0I (1995-1998)

**ENGINE X20SE**

Capacity: 5 liter, Filter capacity: 0,25 liter

USE	CLIMATE
Normal	Mediterranean

PRODUCT RECOMMENDATION 1

Bi-Turbo 20W-50*Change every 15000 km/ 12 months*

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Helar 0W-40

PRODUCT RECOMMENDATION 2

Emperol 5W-40

PRODUCT RECOMMENDATION 3

Emperol Racing 10W-60*Change every 15000 km/ 12 months***DIFFERENTIAL FRONT (4x4)**

Capacity: 0,9 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Gearlube GL-5 80W-90*Check every 15000 km/ 12 months, change every 45000 km/ 36 months***DIFFERENTIAL REAR**

Capacity: 2,3 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Gearlube GL-5 80W-90*Check every 15000 km/ 12 months, change every 45000 km/ 36 months***DIFFERENTIAL REAR LIMITED SLIP**

Capacity: 1,9 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Gearlube GL-5 80W-90*Check every 15000 km/ 12 months, change every 45000 km/ 36 months*

OPEL FRONTERA A U92 FRONTERA 2.0I

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TRANSMISSION MANUAL/TRANSFERBOX 5/1

Capacity: 4,4 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Asyntho 5W-30

Check every 15000 km/ 12 months, change every 45000 km/ 36 months

HYDRAULIC BRAKE SYSTEM

Capacity: 0,4 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Drauliquid DOT 3

Change every 24 months

HYDRAULIC CLUTCH SYSTEM

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Drauliquid DOT 3

Check every 15000 km/ 12 months

POWER STEERING

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

ATF Dexron II-D

Check every 24 months/ 30000 km

COOLING SYSTEM

Capacity: 8,3 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Coolant SP 11

Check every 15000 km/ 12 months

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