

OPEL FRONTERA A U92 FRONTERA 2.2I (1995-1998)

**ENGINE X22XE**

Capacity: 5 liter, Filter capacity: 0,25 liter

USE	CLIMATE
Normal	Mediterranean

PRODUCT RECOMMENDATION 1

Bi-Turbo 20W-50*Change every 15000 km/ 12 months*

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Helar 0W-40

PRODUCT RECOMMENDATION 2

Emperol 5W-40

PRODUCT RECOMMENDATION 3

Emperol Racing 10W-60*Change every 15000 km/ 12 months***DIFFERENTIAL FRONT (4x4)**

Capacity: 1,7 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Gearlube GL-5 80W-90*Check every 15000 km/ 12 months, change every 45000 km/ 36 months***DIFFERENTIAL REAR**

Capacity: 2,3 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Gearlube GL-5 80W-90*Check every 15000 km/ 12 months, change every 45000 km/ 36 months***DIFFERENTIAL REAR LIMITED SLIP**

Capacity: 1,9 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Gearlube GL-5 80W-90*Check every 15000 km/ 12 months, change every 45000 km/ 36 months*

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**TRANSFERBOX**

Capacity: 1,45 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Asyntho 5W-30*Check every 15000 km/ 12 months, change every 45000 km/ 36 months***TRANSMISSION MANUAL 5/1**

Capacity: 2,95 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Asyntho 5W-30*Check every 15000 km/ 12 months, change every 45000 km/ 36 months***HYDRAULIC BRAKE SYSTEM**

Capacity: 0,4 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Drauliquid DOT 3*Change every 24 months***HYDRAULIC CLUTCH SYSTEM**

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Drauliquid DOT 3*Check every 15000 km/ 12 months***POWER STEERING**

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

ATF Dexron II-D*Check every 24 months/ 30000 km*

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**COOLING SYSTEM**

Capacity: 8,3 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
Coolant SP 11		

Check every 15000 km/ 12 months

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