

ROVER 400 416 GSI 16V (1990-1993)

ENGINE Honda ZC
Capacity: 3,4 liter

USE	CLIMATE
Normal	Mediterranean

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
Bi-Turbo 15W-40	Bi-Turbo 20W-50

Change every 10000 km/ 6 months

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
Asyntho 5W-30	Emperol 10W-40

Change every 10000 km/ 6 months

USE	CLIMATE
Normal	Arctic

PRODUCT RECOMMENDATION 1	
Emperol 5W-40	

Change every 10000 km/ 6 months

TRANSAXLE AUTOMATIC 4/1
Capacity: 2,2 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	
ATF Dexron II-D	

Check every 20000 km, change every 40000 km/ 24 months

TRANSAXLE MANUAL 5/1
Capacity: 1,8 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
Asyntho 5W-30	Emperol 10W-40

Check every 20000 km/ 12 months

ROVER 400 416 GSI 16V (1990-1993)**HYDRAULIC BRAKE SYSTEM**

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Drauliquid-LV Super DOT 4	Drauliquid-S DOT 4	

Change every 24 months

POWER STEERING

Capacity: 1,2 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
ATF Dexron II-D		

GREASE POINTS/NIPPLES

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Labora Grease	Q5 MP Calcep Grease EP 2	MP Lithep Grease EP 2

Check every 20000 km/ 12 months

COOLING SYSTEM

Capacity: 5,5 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
Coolant -38 Organic NF		

Change every 40000 km/ 48 months

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