

SEAT (EU) ALTEA FREETRACK 5P8 ALTEA FREETRACK 2.0 TDI (103 KW) DPF (2007- 2010)



ENGINE BMM (PD)
Capacity: 4,3 liter

USE	CLIMATE
Extended drain (max)	Moderate

PRODUCT RECOMMENDATION 1

Helar SP LL-03 5W-30

Change every 30000 km/ 24 months

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Helar SP LL-03 5W-30

Change every 15000 km/ 12 months

TRANSAXLE MANUAL 02Q 6/1
Capacity: 2,3 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

SP Gear 1081

PRODUCT RECOMMENDATION 2

SP Gear 5015

Check every 48 months/ 60000 km

HYDRAULIC BRAKE SYSTEM
Capacity: 1,15 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Drauliquid-LV Super DOT 4

Change every 24 months

COOLING SYSTEM
Capacity: 0-0 liter (Between min and max.)

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Coolant SP 12

PRODUCT RECOMMENDATION 2

Coolant SP 12 EVO

Check every 48 months/ 60000 km

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