

PRODUCT RECOMMENDATION

SEAT (EU) EXEO 3R EXEO 1.8 TSI (118 KW) (2010-2014)



ENGINE CDHB
Capacity: 4,5 liter

USE	CLIMATE
Extended drain (max)	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
Helar SP LL-03 0W-30	Helar SP LL-03 5W-30

Change every 30000 km/ 24 months

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
Helar SP LL-03 0W-30	Helar SP LL-03 5W-30

Change every 15000 km/ 12 months

USE	CLIMATE
Alternative (acceptable)	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Helar 0W-40	Emperol 5W-40	Asyntho 5W-30

Change every 15000 km/ 12 months

TRANSAXLE MANUAL 01X 6/1
Capacity: 3 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	
SP Gear 5015	

Check every 48 months/ 60000 km

HYDRAULIC BRAKE SYSTEM

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	
Drauliquid-LV Super DOT 4	

Change every 24 months

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POWER STEERING

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
SP Fluid 3013		

Check every 48 months/ 60000 km

COOLING SYSTEM

Capacity: 0-0 liter (Between min and max.)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
Coolant SP 12 EVO		

Check every 12 months/ 30000 km

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