

SUBARU (EU) FORESTER SF FORESTER 2.0 (1999-2002)



ENGINE EJ20J
Capacity: 4,5 liter

USE
Normal

CLIMATE
Moderate

PRODUCT RECOMMENDATION 1

Duranza LSP 5W-30

PRODUCT RECOMMENDATION 2

Asyntho 5W-30

PRODUCT RECOMMENDATION 3

Emperol 10W-40

Change every 12500 km/ 12 months

DIFFERENTIAL FROM AUTOMATIC
Capacity: 1,2 liter

USE
Normal

CLIMATE
Moderate

PRODUCT RECOMMENDATION 1

SP Gear 5015

PRODUCT RECOMMENDATION 2

Gearlube RPC 75W-80

PRODUCT RECOMMENDATION 3

SP Gear 1071

Change every 50000 km/ 24 months

DIFFERENTIAL REAR (4x4)
Capacity: 0,8 liter

USE
Normal

CLIMATE
Mediterranean

PRODUCT RECOMMENDATION 1

Gearlube GL-5 80W-90

Change every 50000 km/ 24 months

USE
Normal

CLIMATE
Moderate

PRODUCT RECOMMENDATION 1

SP Gear 1011

PRODUCT RECOMMENDATION 2

SP Gear 5015

PRODUCT RECOMMENDATION 3

Gearlube RPC 75W-80

Change every 50000 km/ 24 months

TRANSMISSION AUTOMATIC/TRANSFERBOX E-4AT 4/1
Capacity: 8,4 liter

USE
Normal

CLIMATE
Moderate

PRODUCT RECOMMENDATION 1

SP Matic 2032

PRODUCT RECOMMENDATION 2

ATF Almirol

Change every 50000 km/ 24 months

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(1999-2002)



TRANSMISSION MANUAL/TRANSFERBOX 5/1

Capacity: 4 liter

USE	CLIMATE
Normal	Mediterranean

PRODUCT RECOMMENDATION 1

Gearlube GL-5 80W-90*Change every 50000 km/ 24 months*

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

SP Gear 1011

PRODUCT RECOMMENDATION 2

SP Gear 5015

PRODUCT RECOMMENDATION 3

Gearlube RPC 75W-80*Change every 50000 km/ 24 months*

HYDRAULIC BRAKE SYSTEM

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Drauliquid-LV Super DOT 4

PRODUCT RECOMMENDATION 2

Drauliquid-S DOT 4

PRODUCT RECOMMENDATION 3

Drauliquid DOT 3*Change every 50000 km/ 24 months*

HYDRAULIC CLUTCH SYSTEM

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Drauliquid-LV Super DOT 4

PRODUCT RECOMMENDATION 2

Drauliquid-S DOT 4

PRODUCT RECOMMENDATION 3

Drauliquid DOT 3*Check every 25000 km/ 12 months*

POWER STEERING

Capacity: 0,7 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

SP Matic 2032

PRODUCT RECOMMENDATION 2

ATF Almirol*Check every 25000 km/ 12 months*

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**COOLING SYSTEM**

Capacity: 6,4 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1

Coolant -38 Organic NF*Change every 50000 km/ 24 months*

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