

CHEVROLET (USA / CAN) EXPRESS

GMT610 EXPRESS 5.3 V8 (2004-2005)



ENGINE LM7
Capacity: 5,7 liter

USE	CLIMATE
Flexible (max)	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
Presteza MSP 5W-30	Xedoz FE 5W-30

Change every 12 months

DIFFERENTIAL REAR
Capacity: 2,03-3,13 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
SP Gear 1011	Syngear TDL 75W-90

TRANSMISSION AUTOMATIC 4L60-E 4/1
Capacity: 10,6 liter (Overhaul capacity), Capacity: 4,7 liter (Service fill)

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
SP Matic 2032	ATF Almirol

Check every 6 months, change every 100000 miles

USE	CLIMATE
Severe	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
SP Matic 2032	ATF Almirol

Check every 6 months, change every 50000 miles

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**TRANSMISSION AUTOMATIC 4L80-E 4/1**

Capacity: 12,8 liter (Overhaul capacity), Capacity: 7,3 liter (Service fill)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
SP Matic 2032	ATF Almirol	

Check every 6 months, change every 100000 miles

USE		CLIMATE
Severe		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
SP Matic 2032	ATF Almirol	

*Check every 6 months, change every 50000 miles***HYDRAULIC BRAKE SYSTEM**

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
Drauliquid DOT 3		

*Change every 24 months***POWER STEERING**

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
ATF Almirol		

WHEEL BEARINGS FRONT

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
HT Q9 High Grade Grease		

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**COOLING SYSTEM**

Capacity: 12,7 liter, Capacity: 15,5 liter (+ rear heater)

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Coolant SP 15	Coolant SP 15+	

Check every 6 months, change every 150000 miles/ 60 months

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