

# NISSAN (USA / CAN) 370Z Z34 370Z (USA) (2009-2012)

**ENGINE VQ37VHR**

Capacity: 4,9 liter, Filter capacity: 0,3 liter

| USE    | CLIMATE  |
|--------|----------|
| Normal | Moderate |

| PRODUCT RECOMMENDATION 1  | PRODUCT RECOMMENDATION 2            |
|---------------------------|-------------------------------------|
| <b>Presteza MSP 5W-30</b> | <b>Armado Synth LSP Ultra 5W-30</b> |

*Change every 7500 miles/ 6 months*

| USE    | CLIMATE  |
|--------|----------|
| Severe | Moderate |

| PRODUCT RECOMMENDATION 1  | PRODUCT RECOMMENDATION 2            |
|---------------------------|-------------------------------------|
| <b>Presteza MSP 5W-30</b> | <b>Armado Synth LSP Ultra 5W-30</b> |

*Change every 3750 miles/ 3 months***DIFFERENTIAL REAR**

| USE    | CLIMATE  |
|--------|----------|
| Normal | Moderate |

| PRODUCT RECOMMENDATION 1    |  |
|-----------------------------|--|
| <b>Gearlube GL-5 80W-90</b> |  |

*Check every 15000 miles/ 12 months*

| USE    | CLIMATE  |
|--------|----------|
| Severe | Moderate |

| PRODUCT RECOMMENDATION 1    |  |
|-----------------------------|--|
| <b>Gearlube GL-5 80W-90</b> |  |

*Check every 15000 miles/ 12 months, change every 30000 miles/ 24 months***TRANSMISSION AUTOMATIC RE7R01A 7/1**

| USE             | CLIMATE  |
|-----------------|----------|
| Filled for life | Moderate |

| PRODUCT RECOMMENDATION 1 | PRODUCT RECOMMENDATION 2 |
|--------------------------|--------------------------|
| <b>SP Matic 4036</b>     | <b>SP Matic 4026</b>     |

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## TRANSMISSION MANUAL

|        |          |
|--------|----------|
| USE    | CLIMATE  |
| Normal | Moderate |

|                          |                          |                           |
|--------------------------|--------------------------|---------------------------|
| PRODUCT RECOMMENDATION 1 | PRODUCT RECOMMENDATION 2 | PRODUCT RECOMMENDATION 3  |
| <b>SP Gear 1011</b>      | <b>SP Gear 5015</b>      | <b>Syngear TDL 75W-90</b> |

Check every 15000 miles/ 12 months

|        |          |
|--------|----------|
| USE    | CLIMATE  |
| Severe | Moderate |

|                          |                          |                           |
|--------------------------|--------------------------|---------------------------|
| PRODUCT RECOMMENDATION 1 | PRODUCT RECOMMENDATION 2 | PRODUCT RECOMMENDATION 3  |
| <b>SP Gear 1011</b>      | <b>SP Gear 5015</b>      | <b>Syngear TDL 75W-90</b> |

Check every 15000 miles/ 12 months, change every 30000 miles/ 24 months

## HYDRAULIC BRAKE/CLUTCH SYSTEM

Capacity: 0-0 liter (Between min and max.)

|        |          |
|--------|----------|
| USE    | CLIMATE  |
| Normal | Moderate |

|                          |  |  |
|--------------------------|--|--|
| PRODUCT RECOMMENDATION 1 |  |  |
| <b>Drauliquid DOT 3</b>  |  |  |

Check every 6000 miles, change every 24000 miles/ 24 months

## POWER STEERING

Capacity: 1 liter

|        |          |
|--------|----------|
| USE    | CLIMATE  |
| Normal | Moderate |

|                          |  |  |
|--------------------------|--|--|
| PRODUCT RECOMMENDATION 1 |  |  |
| <b>SP Matic 4036</b>     |  |  |

## GREASE POINTS/NIPPLES

|        |          |
|--------|----------|
| USE    | CLIMATE  |
| Normal | Moderate |

|                          |                                 |                              |
|--------------------------|---------------------------------|------------------------------|
| PRODUCT RECOMMENDATION 1 | PRODUCT RECOMMENDATION 2        | PRODUCT RECOMMENDATION 3     |
| <b>Labora Grease</b>     | <b>Q5 MP Calcep Grease EP 2</b> | <b>MP Lithep Grease EP 2</b> |

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## COOLING SYSTEM

Capacity: 8,6 liter (+ manual transmission/transaxle), Capacity: 0,8 liter (Reservoir), Capacity: 8,5 liter (with automatic transmission)

| USE    | CLIMATE  |
|--------|----------|
| Normal | Moderate |

PRODUCT RECOMMENDATION 1

**Coolant SP 14+**

*Change every 30000 miles/ 24 months*

| USE               | CLIMATE  |
|-------------------|----------|
| First change only | Moderate |

PRODUCT RECOMMENDATION 1

**Coolant SP 14+**

*Change every 60000 miles/ 48 months*

*The data mentioned in this product information sheet is meant to enable the reader to orientate himself about the properties and possible applications of our products. Although this overview is composed with all possible care on the stated date, the compiler does not accept any liability for damages caused by incompleteness and/or inaccuracies in this information, especially when these are caused by obvious typing errors. The terms of delivery of the supplier apply to all product supplies. The reader is advised, especially for critical applications, to make the final product choice in consultation with the supplier. Due to continual product research and development, the information contained herein is subject to changes without notification.*