

ROVER 200 214 SI 16V (1989-1995)

ENGINE K16
Capacity: 4,5 liter

USE	CLIMATE
Normal	Mediterranean

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
Bi-Turbo 15W-40	Bi-Turbo 20W-50

Change every 10000 km/ 6 months

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
Asyntho 5W-30	Emperol 10W-40

Change every 10000 km/ 6 months

USE	CLIMATE
Normal	Arctic

PRODUCT RECOMMENDATION 1	
Emperol 5W-40	

Change every 10000 km/ 6 months

TRANSAXLE MANUAL 5/1
Capacity: 2 liter

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
SP Gear 5015	Gearlube RPC 75W-80

Check every 20000 km/ 12 months

HYDRAULIC BRAKE SYSTEM

USE	CLIMATE
Normal	Moderate

PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2
Drauliquid-LV Super DOT 4	Drauliquid-S DOT 4

Change every 24 months

ROVER 200 214 SI 16V (1989-1995)**POWER STEERING**

Capacity: 1,2 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
ATF Dexron II-D		

GREASE POINTS/NIPPLES

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Labora Grease	Q5 MP Calcep Grease EP 2	MP Lithep Grease EP 2

Check every 20000 km/ 12 months

COOLING SYSTEM

Capacity: 5,8 liter

USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
Coolant -38 Organic NF		

Change every 40000 km/ 48 months

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