## ROVER 400 416 GTI 16V (1990-1993)



ENGINE Honda ZC Capacity: 3,4 liter		
USE		CLIMATE
Normal		Mediterranean
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Bi-Turbo 15W-40	Bi-Turbo 20W-50	
Change every 10000 km/ 6 months		
USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Asyntho 5W-30	Emperol 10W-40	
Change every 10000 km/ 6 months	·	-
USE		CLIMATE
Normal		Arctic
PRODUCT RECOMMENDATION 1		
Emperol 5W-40		
Change every 10000 km/ 6 months		
TRANSAXLE AUTOMATIC 4/1 Capacity: 2.2 liter		

Capacity: 2,2 liter		
USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1		
ATF Dexron II-D		
Check avery 20000 km, change avery 40000 km/24 menths		

Check every 20000 km, change every 40000 km/24 months

TRANSAXLE MANUAL 5/1 Capacity: 1,8 liter		
USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Asyntho 5W-30	Emperol 10W-40	
Charles avery 20000 km/ 10 manths		

Check every 20000 km/ 12 months

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HYDRAULIC BRAKE SYSTEM		
USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	
Drauliquid-LV Super DOT 4	Drauliquid-S DOT 4	

Change every 24 months

POWER STEERING Capacity: 1,2 liter	
USE	CLIMATE
Normal	Moderate
PRODUCT RECOMMENDATION 1	
ATF Dexron II-D	

GREASE POINTS/NIPPLES		
USE		CLIMATE
Normal		Moderate
PRODUCT RECOMMENDATION 1	PRODUCT RECOMMENDATION 2	PRODUCT RECOMMENDATION 3
Labora Grease	Q5 MP Calcep Grease EP 2	MP Lithep Grease EP 2

Check every 20000 km/ 12 months

COOLING SYSTEM Capacity: 5,5 liter	
USE	CLIMATE
Normal	Moderate
PRODUCT RECOMMENDATION 1	
Coolant -38 Organic NF	
Change every 40000 km/ 48 months	

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